# VPro+

## **IMPROVE YOUR ORTHODONTIC EXPERIENCE**

with the first and only vibration product to support both active treatment and retention in just 5 minutes a day



## **VPRO+ FEATURES**

- **5 Minutes Per Day**
- Waterproof Vibration Device
- Wireless Charging
- **Compact Travel Case**
- **Patient Mobile Application**

PATIENT MOBILE APPLICATION



VPro+

Enhance your orthodontic experience on all levels. Enjoy the user-friendly patient application optimized to keep your treatment on track. All of the features you need. None that you don't.

- + Track usage with daily and weekly views
- + Share results with your doctor
- Locate device with the click of a button





The VPro+ is highly portable and designed with your busy lifestyle in mind. Use for just 5 minutes each day, or as otherwise directed by your doctor, to complement your orthodontic treatment.

## COMPONENTS

- Mouthpiece
- Compact Charging Case
- Vibration Device Charging Cable & Wall Adapter

## QUICK HOW TO GUIDE

- 1. Charge the device fully prior to first use.
- 2. Download the VPro+ mobile app and follow onboarding instructions to track your usage and share your results. **Note**: the app is not necessary for device operation.
- 3. Connect the Mouthpiece to the Vibration Device (arrow should point toward the button). Confirm that the device feels secure and stable. Note: extreme force is not necessary. If you are experiencing difficulty, please flip the mouthpiece around.
- 4. While wearing your Orthodontics, place the VPro+ in your mouth and bite down gently. Depress the device button to activate vibration.
- 5. The device will vibrate for 5 minutes and automatically shut off after the duration of treatment.
- 6. Clean after use and charge if necessary.

## **DEVICE NOTIFICATIONS**

All light notifications are displayed from the device button, unless otherwise noted.

Blue (3 Blinks)	Session Start	Green (Blinks and Vibrates)	Device Locate
Blue (Slow Blinking)	Charging in Progress	Red (1 Blink)	Low Battery
Green (3 Blinks)	Session End	Red (Back of Device)	Firmware Update/Charging
Green (Slow Blinking)	Charging Complete		

Remove the Mouthpiece and place the Vibration Device in the Charging Case while it's connected to a power source. The Device can take up to 6 hours to fully charge. A green light indicator on the case will illuminate to confirm a successful connection. The device is internally powered by a rechargeable lithium-ion polymer battery pack. Recommended charging time is once per week or as needed.

### How to remove the Mouthpiece

- 1. Hold the Vibration Device firmly in one hand with the button facing in toward you.
- 2. Grasp the mouthpiece and push downward to release the mouthpiece.



## **CLEANING & STORAGE**

Your Mouthpiece should be cleaned after each use. Detach the Mouthpiece from the Vibration Device. Rinse the Mouthpiece under warm water and let dry. Clean the Vibration Device with warm water as needed and let dry prior to storage/charging. The device should be stored in the charging case. Proper care should be taken to ensure that the device is not damaged. Devices should be stored at room temperature, avoid any extreme heat.

## **MOBILE APP**

Track your device usage, share your results with your treating clinician, and locate your device as needed directly from your VPro+ mobile app. Search "VPro+" in the Apple App Store or Google Play Store and download to your mobile device. Follow the onboarding instructions within the app.



## **VPRO+ FAQ**

#### Is the VPro+ waterproof?

Yes, the VPro+ Vibration Device is waterproof.

#### Can I use the VPro+ more than once a day?

The recommended use is one 5-minute session per day. Please consult with your doctor before exceeding the recommended usage.

#### Am I supposed to wear my clear aligners while using the VPro+?

Yes, you should wear your orthodontics while using the VPro+.

#### Will it take time to adjust to my VPro+?

The VPro+ was designed with comfort in mind so there is a gradual ramp up to full vibration. While you may not be familiar with the sensation right away, most people become accustomed to usage after just a few 5 minute sessions.

#### How much pressure should I apply?

Bite down gently on the mouthpiece during use. There is no need to bite down harder than as needed to support the device.

#### When is the best time to use my VPro+?

The VPro+ is used for just 5 minutes a day, allowing you to complete your session when it's convenient for you. Many patients choose to use the VPro+ as a part of their morning or nightly routine.

#### What should I do if the VPro+ will not turn on?

Make sure that the device is charged using the charging case and wall plug. If the VPro+ LED turns red, then the case and the VPro+ are working properly but have a low charge. Charge the VPro+ and then begin use. If the VPro+ LED indicator does not light up, please check your case's power connection. If the case is properly plugged in, please contact Propel Customer Service for further assistance.

#### What should I do if the VPro+ will not charge?

If the VPro+ LED indicator does not light up red when placed in the case, please check the case's power connection. If the case is properly plugged in to wall power using the provided VPro+ USB cord, please contact Propel Customer Service for further assistance.

## **VPRO+ MOBILE APP FAQ**

#### Do I need to use the VPro+ app?

While the use of the app is highly recommended, you can operate your VPro+ device without downloading the mobile app. The VPro+ app allows you to update the device software, track your device usage and share the usage information with your doctor.

#### Where do I go to download the VPro+ app?

You can download the VPro+ app from the Apple App Store or Google Play Store.

#### What if my VPro+ won't pair or sync with the app?

First make sure that you have internet and Bluetooth connection turned on. Next make sure that your VPro+ is charged. Your VPro+ must be near your mobile device to sync properly. If your device still won't pair after following these steps, press and hold the button on the VPro+ for 10 seconds. The bottom LED will turn red and the device will reboot.

#### How do I pair my device?

Open the VPro+ app and follow the onboarding screens. Enter your name and press the "Select VPro+ Device" button. Make sure your VPro+ is in close proximity to your new device and select it from the device selection menu. A green check should appear next to the device you selected. Press the "Selected VPro+ Device" button below to confirm selection. Then press "Get Started."

#### How do I identify which device to pair to if multiple devices are available to pair?

Attempt to limit the number of other VPro+ devices displayed on your pairing screen by taking your mobile device and VPro+ to a space separate from other VPro+ devices. Additionally, ensure that your VPro+ and your mobile device are in close proximity to each other. The VPro+ displayed at the top of your app is the device with the strongest signal, meaning it is the device closest to your phone. Pair to this device. To ensure you have successfully paired to your device, use the "Locate Device" feature present in the Settings section of the app to vibrate your device.

#### Can I pair my VPro+ to multiple devices (phones/tablets)?

Yes! You can pair your VPro+ device to as many devices as you like. Your VPro+ needs to be in Bluetooth range of any phone or tablet you wish to pair with. You will also need to be in range of any device you want to sync your usage with.

#### How can I unpair my VPro+ from my phone/tablet?

To unpair your device, navigate to settings in the VPro+ app. Select the Reset Device button. Confirm your selection and your device is now unpaired.

#### I got a new VPro+ because my old one was lost/stolen. How do I pair my new device?

First, unpair your old device, by navigating to settings in the VPro+ app. Select the "Reset Device" button. Confirm your selection and your device is now unpaired. Now you may follow the onboarding screens to pair your new device. Please refer to the FAQ above.

#### How can I share my VPro+ usage data with others?

Select the Share Button located on the Weekly View and Monthly View pages of the VPro+ app. Select 1 Month, 3 Month or 6 Month. This represents the time period of the data you wish to share. You will be taken to your device's email client. You can now enter in a recipient email address. The data will populate as an attached to the email.

#### I typically have Bluetooth turned off. Can I still use this app?

Bluetooth does need to be enabled on your device in order for your VPro+ to sync to the app. If you do not have Bluetooth enabled, VPro+ will store your data until it can sync with your device again. As long as you enable Bluetooth on your device with your VPro+ nearby, you can successfully sync your data when you want.



Additional Questions? Email us at info@propelortho.com Call us at (855) 377-6735 DCN-0293 PRT-10233 Rev B